

## REPORT ON FIT INDIA MOVEMENT 17<sup>th</sup> AUGUST 2021

The Fit India Movement is a nation-wide campaign that aims at encouraging people to include physical activity and sports in their everyday lives. On the occasion of the National Sports Day, the Fit India Movement has been launched by our Honourable Prime Minister Shri, Narendra Modi. It has been launched at Indira Gandhi Stadium, New Delhi on 29.08.2019 which is also the birth anniversary of famous Indian hockey legend Major Dhyan Chand.

To promote Fit India Movement a Rally was organized by J.B. Institute of Engineering and Technology, Hyderabad on 17<sup>th</sup> August 2021 in a very grand manner. This programme was inaugurated by our Principal Dr.P.C.Krishnamachary. The Rally was started in the morning at 10:00 A.M onwards from the college premise and end route to Bhaskar Medical College and finally end to the college premise, covered about 1km about 20 students were participated. Students gave Slogans like 1) Forever Fit, Forever Strong, 2) Health is wealth, 3) Healthy mind in a healthy body, 4) Stay fit, stay healthy and build a new India, 5) Don't stop till you drop! 6) Live life, love fitness, etc. to be physically fit.

The Rally was conducted by Dr.J.Kartigeyan, Dean Student Affairs and Mr.N.Thirupathi Rao, NSS Coordinator with the help of college students and college staffs. After the Rally students are taken into the class room and the programme was going forward by some inspirational thoughts of our Principal and teachers. They inspired the youth by their valuable speeches about the importance of fitness in daily life. As they are the future of India they have to be fit and active always. At the end some healthy Tiffin items like bananas and are distributed among all the students and staffs. This programme was a grand success in JBIET.

**PRINCIPAL**

## PHOTO GALLERY



Group Photo - Fit India Movement, Dr.P.C.Krishnamachary, Principal, Dr.J.Kartigeyan – DEAN Student Affairs, Mr.N.Thirupathi Rao, NSS Coordinator, Teaching, Non-Teaching Staff and Students were present.



Dr.P.C.Krishnamachary, Principal addressed the gathering.