

J.B. INSTITUTE OF ENGINEERING & ECHNOLOGY

(UGC AUTONOMOUS)

(Accredited by NAAC, Approved by AICTE & Affiliated to JNTUH, Hyderabad)
Bhaskar Nagar, Yenkapally (V) Moinabad (M), R.R. District, Hyderabad – 500 075

DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING

FORMAT – B

INTERNAL / EXTERNAL EVENT REPORT

Event-ECE/2019-20

1. Name of the Event: (Please tick in the Box)

A. WORKSHOP ☐ B. SEMINARS ☐ C. FDP ☐ D. Guest Lecture ☐
E. Industrial Visits ☐ F. Others please specify: ☐

2. Details of the Event

Name of the coordinator(s):

Mr. Kishore Kumar Assistant Professor, Department of ECE, JBIET

S.No.	Event Category	Place/ Organization	Event Name	Date(s)
1	Others	ECE Seminar Hall	“One day workshop on YOGA culture development in students”	27/01/2020

1. RESOURCE PERSON / SPEAKER PROFILE

Mr. Satya Sanatan
Dr. Subrahmanyam

2. OBJECTIVES OF THE EVENT

1. To address the students about the following
2. Maintaining and promoting the different Indian Yoga traditions.
3. To provide extensive research facilities for carrying out fundamental and clinical research in the discipline of Yoga and its applications keeping in view the socio-economic needs of all sections of the society.
4. To hold Conferences, Seminars, Workshops, Camps and Public meetings to propagate information and knowledge of Yoga, its various techniques and practice in various parts of India as well as abroad
5. To conduct workshops, seminars around the world through its lifetime members
6. To bring certain amount of self discipline in the students
7. To conduct experiments and research on emerging trends in Yoga
8. To develop techniques and approaches based on the Ancient Yoga Texts and Granthas of Yoga to meet the challenges of the modern era.
9. To prescribe different courses for imparting Yoga education, training, therapy and research.

3. OUTCOME OF THE EVENT

On the completion of this workshop, students will be able to understand:

- increased flexibility.
- increased muscle strength and tone.
- improved respiration, energy and vitality.
- maintaining a balanced metabolism.
- weight reduction.
- cardio and circulatory health.
- improved athletic performance.
- protection from injury.
- Inner peace for peace in society;
- Emphasize the importance of inner peace of the individual as the basis for peace in society.
- Highlight the unique contribution of Yoga towards inner peace as well as the effects of Yoga on physical and mental health
- Harmony in Diversity
- Intercultural dialogue
- Underscore the common values of all traditions and cultures through dance, music and food
- More than 150 countries are expected to join the event
- Showcasing the benefits of Yoga for both individuals and the society at large
- Allow for a unique exhibition of the different approaches towards Yoga

4. EVENT BRIEF REPORT

Mr. Kishore Kumar Assistant Professor, JBIET (ECE) welcomes the resource person from Ramakrishna Math, Hyderabad. Introduction speech from the yogi for 10 minutes. Then started pranayama. Different YOGAS done in the first session. While doing yoga the describes the benefit of each yoga, rules of each yoga and difficulties in YOGA.

In the second session the resource person describes how to perform and timing of Yoga. He has given many examples of successful persons by performing yoga.

5. SUGGESTIONS FOR PROMOTING THIS TO STUDENTS / STAFF JBIET

Faculty and students can gain huge improvement if their performing yoga every day. He suggested that the day in the college should start with yoga every day. He also suggested to do some professional yoga course. And he also suggested that one course should be introduced for Undergraduate students.

6. EVIDENCES / PROOF OF THE EVENT

1. Event Photographs
2. Department Circular about the Event

Proofs are Enclosed

Event Circular



J.B. INSTITUTE OF ENGG & TECHNOLOGY
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DEPT OF ELECTRONICS & COMMUNICATION ENGINEERING

Date: 27-01-2020

CIRCULAR

This is to inform all third-year students of ECE that "One day workshop on YOGA culture development in students" will be held on 27-01-2020 at JBIET by 10.30 AM. In this regard, all students of ECE are kindly instructed to participate in this event and get benefited.

Towheed's
HOD - ECE
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Bhaskar Nagar, Moinsabad Mandal
Hyderabad-500 076.

EVENT SCHEDULE

Session Description	Start	End	Duration	Resource Person/Facilitators
Session 1	10.30 AM	01.30 AM	3 Hours	1. Dr. Pudukodu 2. Subrahmanyam Satya Sanatan
Session 2	2.30 PM	4.00 PM	1.30 Hours	1. Dr. Pudukodu 2. Subrahmanyam Satya Sanatan

Event Photographs:





Participants List



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DEPT OF ELECTRONICS & COMMUNICATION ENGINEERING

Date: 27-01-2020

Event Name: Workshop on Yoga Culture Development in Students

Sl No	Roll No.	Name	Attendance
1.	18671A0401	ADDI SRUJANA	P
2.	18671A0402	AILLA ANIRUDH	P
3.	18671A0403	Atla Venkateswarulu	P
4.	18671A0404	BANDARI MAHIMNA	P
5.	18671A0405	BARRE ADITYA	P
6.	18671A0406	BELLI CHANDANA	P
7.	18671A0407	BILLAM AKHILA	P
8.	18671A0408	BOGARAJU SANDHYA	P
9.	18671A0409	P RITHIKA	P
10	18671A0410	Challa Lakshminivas Reddy	P
11	18671A0411	CHILAKALA SAI NIKITHA	P
12	18671A0412	CHINTHALA SAKSHITH GOUD	P
13	18671A0413	D Sahiti	P
14	18671A0414	GADDAM DEEKSHITHA REDDY	P
15	18671A0416	VARKALA PAVAN KUMAR	
16	18671A0417	K Saikarthik	
17	18671A0418	K UDAY KUMAR	P
18	18671A0419	Kanagala Mithula	
19	18671A0420	KANCHARAKUNTALA ANUSHA	P
20	18671A0421	KARRE SATHWIK	
21	18671A0422	KASETTY HEMANTH	P
22	18671A0425	KOYLAKONDA LOHITH	
23	18671A0426	M PRADEEP	P

2

24	18671A0427	M Rahul	P
25	18671A0428	MANIMONI PALLY PRAVEEN	P
26	18671A0429	MITTAGADAPA JESSICA GRACE	
27	18671A0431	MUNJAGALLA RAJESHWARI	P
28	18671A0432	N Namratha Lakshmi	
29	18671A0433	NARAYANA KOUSHIK REDDY	P
30	18671A0434	P Rajasekhar Reddy	P
31	18671A0436	PODILAPU PRIYANKA	P
32	18671A0437	PAWAR AAKANKSHA	P
33	18671A0438	PEERAMPALLY PAVAN	P
34	18671A0439	PONNA VIVEK BABU	
35	18671A0440	S Bhavagna	
36	18671A0441	SANA SULTANA	
37	18671A0442	SAPE THERESA ANTHONY	
38	18671A0443	SEEDAM SPANDANA	P
39	18671A0444	V Nirupama	
40	18671A0445	VASAMSHETTI MANIKANTA	
41	18671A0446	VATTE HARI	
42	18671A0447	VEERANNAPETA PRANITHA	P
43	18671A0448	VITIKELA PAVAN KUMAR	
44	18671A0449	Y Sanghavi	
45	18671A0450	YASHWANTH THALLA	
46	18671A0451	A Sandeep Reddy	
47	18671A0452	KOTA JAHNAVI	P
48	18671A0454	B Haripriya	P
49	18671A0455	BANDLA RAGHAVENDER REDDY	P
50	18671A0456	GPranith Reddy	p
51	18671A0457	G Krishna Mohan	
52	18671A0459	BODIGA SNEHITHA	
53	18671A0460	BOINI LAYA	

3

54	19675A0401	KRISHNOUTH RINKU KUMARI	
55	19675A0402	SUNKA ROHAN KHANNA	P
56	19675A0403	SRIRAM SRIVALYA	P
57	19675A0404	BUDIDI RAJESH GOUD	P
58	19675A0405	MATIKA PAVANI	P
59	19675A0406	POTHARAVENI MANEESHA	P
60	19675A0407	GONE AKHIL	
61	19675A0408	S DEVA PRASAD	
62	19675A0409	MOHAMMED SAIF UDDIN	
63	19675A0410	ELKATHURTHI SRICHANDANA	
64	17671A0446	A. MANISHA	P
65	17671A0447	ALAKA KRISHNA VENI	P
66	17671A0448	B RAKESH	P
67	17671A0449	CHIMATA VINAY KUMAR	P
68	17671A0450	CHINNALACHI RAJASHEKAR	P
69	17671A0451	GANDAMALLA PAVAN KALYAN	
70	17671A0452	GODITHALA VENUGOPALA CHAKRI	P
71	17671A0453	GOPAGANI VAMSHI	
72	17671A0454	GUBBALA SAI PAVANI	P
73	17671A0455	GUNJARI AKHIL SAI REDDY	P
74	17671A0456	K MANOJ KUMAR	P
75	17671A0457	K.MANI	
76	17671A0458	KARRI NAGUR BABU	
77	17671A0459	KOTTE JYOTHI	P
78	17671A0460	KURVA URMILA	
79	17671A0462	MARPU SINDHU	
80	17671A0463	MODUMPALLY THARUN	P
81	17671A0464	MOHAMMAD SOHEL	
82	17671A0466	N.BHARGAV SAI RAJ	P
83	17671A0467	NEELAKANTAM SAI BABU	P

9

84	17671A0468	NEELAM KUMARI	P
85	17671A0470	NUVVULA SANJANA	P
86	17671A0471	P VINOD	P
87	17671A0472	P.V.RAVITEJA REDDY	P
88	17671A0473	PANDIRI CHANDRA SHEKAR REDDY	P
89	17671A0474	PENTI NIHANTH	
90	17671A0475	PERKA SAHITHI	P
91	17671A0476	POCHINA SAI BHARGAV	P
92	17671A0477	POLEPAKA AJAY	P
93	17671A0478	POOSA SAI KALYAN	
94	17671A0479	PUTTAPAKA NARENDRA SHIVA	P
95	17671A0480	RAVURI SREEJA	P
96	17671A0481	RUPAVATH VENKATESH	P
97	17671A0483	SATHU NIKITHA	P
98	17671A0484	T. AMULYA	P
99	17671A0485	TENE NAVYA	P
10	17671A0486	THIPPAREDDY SANDEEP REDDY	P
10	17671A0487	VASAM THIRUMALA	P
10	17671A0488	VINUKONDA JANANI	P
10	17671A0489	VOORE NANDU	P
10	17671A0490	B.VYSHNAVI	P
10	17671A0491	S.SYHAM SUNDER REDDY	
10	17671A0492	GUDURU AAKANKSHA	P
10	16671A0459	Thota Manisharan (Re-admn)	P
10	18675A0413	CHIRUMARRI RUCHITHA	P
10	18675A0414	MUPPIDI ROHITH KUMAR	P
11	18675A0415	B SHRAVANI	
11	18675A0417	REGURI DINESH REDDY	
11	18675A0418	JALAGALA SNEHA	
11	18675A0410	CHIPPALAPPELLY RAKESH	
11	18675A0411	H AKASH	

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11	18675A0412	PAYAM SANGEETHA	P
11	16671A0414	C.SAI POOJA	P
11	16671A0447	CH.CHANDANA	P
11	16671A0471	G.RAHUL RAJ	P
11	16671A0474	K. SANDEEP	P
12	16671A0497	K.PAVAN KALYAN	P
12	17675A0407	B. SANDEEP	P
12	17675A0408	BAYINI MANOJ KUMAR	P
12	16671A0432	MAGI AKSHAY	P

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