# The Spintronics letter

# **JB Institute of Engineering & Technology**

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# Vision

### **Department of ECE**

To be a guiding force enabling multifarious applications in Electronics and Communications Engineering, promote innovative research in the latest technologies to meet societal needs.

#### Mission

- To provide and strengthen core competencies among the students through expert training and industry interaction.
- ➤To promote advanced designing and modeling skills to sustain technical development and lifelong learning in ECE
- To promote social responsibility and ethical values, within and outside the department.

#### **INSIDE HIGHLIGHTS**

HOD'S MESSAGE EVENTS STUDENTS ACHIEVEMENT ARTICLES



Dr. Towheed Sultana ME, PhD Principal

"I Congratulate IEEE Convener for re-opening of IEEE Student chapter. I also congratulate CLIQUE coordinator for organizing Infoquest 18"



Dr. Md. Salauddin PhD HOD-ECE

"I Congratulate all the faculty members and students for their efforts they are giving for the betterment of the Dept."

# **EVENTS**

#### **Technical Events Conducted:**

- ➤ Inauguration of IEEE Student Chapter.
- Infoquest

#### Social & Cultural Events Conducted:

- Celebration of Womens Day.
- > Dept. get together with Lunch.
- Celebration of Birthdays monthly one day.

# GALLERY



Womens Day



**INFOQUEST** 



IEEE Inauguration



Inauguration of CLIQUE Room

#### **ARTICLE**

# The Productivity Guide: Time Management Strategies That Work

Productivity is a measure of efficiency of a person completing a task. Productivity is getting important things done consistently. Being productive is about maintaining a steady, average speed on a few things, not maximum speed on everything. Simple Ways to Be More Productive

- 1. Manage your energy, not your Time-Determine what tasks each energy level and time of day are best suited for.
- 2. Prepare the night before-If you only do one thing each day then spend a few minutes each night organizing to—do list for tomorrow.
- 3. Don't open email until noon- Nobody is going to email you about a true emergency, so leave your email alone for the first few hours of each day.
- 4. Turn your phone off and leave it in another room-This simple strategy eliminates the likelihood of slipping into half—work where you waste time dividing your attention among meaningless tasks. Work in a cool place. Turning the temperature down or moving to a cooler place is an easy way to focus your mind and body.
- 5. Sit up or stand up. Sit up straight or stand up and you'll find that you can breathe easier and more fully. As a result, your brain will get more oxygen and you'll be able to concentrate better. Develop a "pre-game routine" to start your day- a pre-game routine helps you overcome a lack of motivation and get things done even when you don't feel like it.

These useful and effective exercises will only be beneficial if you are productive and efficient with your time.

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